

## HERBERT GORDON LANG OBE KPM (1903-04)

He was born on 3 December 1887 in Grenada, West Indies.

He rose to the rank of Deputy Commissioner in the Indian Police Service and in 1925 was awarded King's Police Medal. He was awarded his OBE as a Superintendent of Police by the Governor of Bombay at Government House on 27th of Feb 1931.



He wrote a book 'The Walking Stick Method of Self-Defence'. Although it didn't become a best seller, the method was adopted by the Indian Police and has a small but loyal following among martial arts enthusiasts. The entire book is available on line <http://www.the-exiles.org/manual/lang/lang.htm> and is still available from Palladin Press.

He died in Nasik, India.



My thanks to Jem Berry, his grandson, for the above information and photos.