

## OF involved with England U-20 Lacrosse team

**Ian Guyah-Low (R91-96)** was the sports psychologist of the gold medal winning U-20 England Lacrosse team at the inaugural European Championships in Prague, Czech Rep., on Saturday July 6th.

In the group stage England won their opening two games, beating Latvia 15-1 and Wales 17-5, before losing to Germany 14-5. As group runner-up England met Israel in the quarter-final beating them 17-5. They then overcame Ireland in the semi-final 6-5 after the match went into overtime with the first team to score deciding the tie.

In the final England renewed rivalry with their group victors Germany, who took an early two goal lead finishing the first quarter 3-1 in front. During the second quarter Germany extended their lead to 5-2. In the first quarter after half-time England pulled the deficit back with four goals to leave Germany going into the final quarter leading 7-6.

England took the lead for the first time with two quick goals. Another goal saw England go ahead 9-7 in the latter stage of the match. Germany retaliated with a late goal to set up a nail biting finale. England held on to run out winners 9-8 and collect the gold medal.

